

Gartree High School

Week Three

Lunch Menu

2017/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken balti served with poppadoms	Breaded turkey escalope	Chicken casserole and dumpling	Roast turkey served with Yorkshire pudding	Battered Cod Served with Tartar sauce and lemon wedge
Vegetarian Course	Asparagus & pea Grisole served with Garlic bread	Cauliflower cheese	Breaded veggie burger	Quorn fillet	Deep-pan pizza Topped with Cheddar cheese & mozzarella
Sides	Pilau rice Vegetables Mixed salad	Parsley potatoes Vegetables Mixed salad	Creamed potatoes Vegetables Mixed salad	Roast potatoes Vegetables Mixed salad	Chips Peas Baked beans Mixed salad
Snacks	Hot baguette of the day Pasta king of the day Jacket potato Selection of freshly prepared Sandwiches & rolls	Hot baguette of the day Pasta king of the day Jacket potato Selection of freshly prepared Sandwiches & rolls	Hot baguette of the day Pasta king of the day Jacket potato Selection of freshly prepared Sandwiches & rolls	Hot baguette of the day Pasta king of the day Jacket potato Selection of freshly prepared Sandwiches & rolls	Hot baguette of the day Pasta king of the day Jacket potato Selection of freshly prepared Sandwiches & rolls
Hot Dessert	Pineapple upside down cake	Apple pie	Sultana sponge	Mixed fruit crumble	Carrot coffee cake
Cold Desserts	Fresh fruit salad Jelly Cheesecake Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake Homemade biscuit or cake